



Headteacher's Welcome

Dear Parents and Carers,

Welcome back to the new academic year.

Over the summer work continued to improve our school buildings. With the help of the London Borough of Redbridge we have been able to transform two former Physics laboratories into working classrooms and update our Reception area. We are still completing the final finishing touches but these new facilities have already started to be used.

I would like to congratulate our students, staff and parents on an excellent set of summer examination results, last year results were good but this summer's were even better.

At A Level 40% of grades were A*/A, 62% were grades A* to B and 83% of grades were at grade C or higher. 36% of our students achieved the Government "Gold Standard" of grades AAB or above in two or more facilitating subjects. We would like to specially congratulate the 35 boys who achieved all grades A and A*.

Last year we received a lovely letter from the Minister of State for School Standards congratulating us on our Progress 8 and EACC entry. I have included a copy of the letter which we received in March last year on the next page. It places us in the top 5% of state-funded mainstream schools in terms of progress between Key Stage 2 and Key Stage 4 and the top 1% of state funded schools in terms of entry to the English Baccalaureate.

This year our results at GCSE have increased with 72% of results at grade 7-9 (the old grade A/A*) and 88% of the year achieved the EBACC, up from 87% the year before. Congratulations!

Best wishes,

Mrs Drysdale

Headteacher

Congratulations



Rt Hon Nick Gibb MP

Minister of State for School Standards

Sanctuary Buildings, 20 Great Smith Street, Westminster, London, SW1P 3BT
tel: 0370 000 2288 www.education.gov.uk/help/contactus

Mrs Rebecca Drysdale
Headteacher
Ilford County High School
Fremantle Road
Ilford
IG6 2JB

29 March 2019

Dear Mrs Drysdale

I would like to congratulate you, your staff and pupils on the outstanding progress your pupils are making and your school's high level of EBacc entry in 2018.

Your school's Progress 8 score of 0.78 which is well above the national average, shows that you are amongst the top 5 per cent of state-funded mainstream schools in terms of the progress your pupils make between key stage 2 and the end of key stage 4.

With 98 per cent of your pupils entering the EBacc in 2018, your school is in the top 1 per cent of all state-funded mainstream secondary schools in the country. EBacc subjects provide a sound basis for careers beyond the age of 16 and can also enrich pupils' studies, giving them a broad general knowledge that will enable them to participate in and contribute to society.

We want to ensure that every child, regardless of their background, has the chance to study the EBacc at GCSE, which is why I was delighted to see your results.

Thank you for your work in continuing the drive towards higher academic standards, and congratulations again to you and your staff for your hard work and professionalism.

With best wishes.

Yours sincerely,

Rt Hon Nick Gibb MP

Minister of State for School Standards

SCHOOL DAY AND TIMES FROM SEPTEMBER 2019

<u>Start</u>	<u>End</u>	<u>Year 7 - 11</u>
08:35	08:45	Arrival
08:45	09:45	Period 1
09:45	10:45	Period 2
10:45	11:05	KS4 Break KS3 Pastoral Time
11:05	11.25	KS3 Break KS4 Pastoral Time
11:25	12:25	Period 3
12:25	13:25	Period 4
13:25	14:15	Lunch
14:15	15:15	Period 5
15:15	15:25	Dismissal

<u>Start</u>	<u>End</u>	<u>Year 12 - 13</u>
08:35	08:45	Arrival
08:45	09:45	Period 1
09:45	10:45	Period 2
10:45	11:05	Yr 13 Break Yr 12 Pastoral Time
11:05	11.25	Yr 12 Break Yr 13 Pastoral Time
11:25	12:25	Period 3
12:25	13:25	Period 4
13:25	14:15	Lunch *
14:15	15:15	Period 5 Or Home Study
15:15	15:25	Dismissal

*

Sixth Form students are permitted to undertake Home Study during the afternoons and may leave site at 1.25pm assuming they;

- Have no timetabled lessons.
- They have not been asked to remain in school during lesson 5 because their attendance, progress or attitude has fallen below expected levels.
- Their parents have given permission for them to be granted home study.

SCHOOL TERM DATES FOR 2019-2020

Term	Starts	Ends	Holidays/Inset Days	
Autumn 2019	Mon 2 Sep 2019	Fri 20 Dec 2019	Non-contact days / School INSET days *	Mon 2 Sep 2019 Tue 3 Sep 2019
			Half term break	Mon 21 Oct 2019 to Fri 25 Oct 2019
			Non-contact days / School INSET days *	Thu 31 Oct 2019
			Christmas break	Mon 23 Dec 2019 to Fri 3 Jan 2020
Spring 2020	Mon 6 Jan 2020	Fri 3 Apr 2020	Half term break	Mon 17 Feb 2020 to Fri 21 Feb 2020
			Non-contact days / School INSET days *	Fri 14 Feb 2020
			Spring break	Mon 6 Apr 2020 to Fri 17 Apr 2020
Summer 2020	Mon 20 Apr 2020	Mon 20 Jul 2020	May Day bank holiday (VE Day Celebration)	Fri 8 May 2020
			Half term break	Mon 25 May 2020 to Fri 29 May 2020
			Non-contact days / School INSET days *	Mon 20 Jul 2020

* *During INSET days' students will not be in school.*

IMPORTANT DATES FOR AUTUMN TERM

Friday 13th September	Year 13 UCAS Examination results to parents
Monday 16th to Friday 20th September	UCAS Appeal process (Early Applicants)
Tuesday 17th September	Year 11 Elevate Education session
Wednesday 25th September	Year 8 HPV Vaccinations (first dose)
	Year 12 Parents Elevate Education session
Monday 30th September	Year 12 Safe Drive Stay Alive
Wednesday 16th October	Year 11 Parents Elevate Education session
Thursday 17th October	Progress Check Report 1 Home to parents (Yrs 11 and 13)
Monday 21st to Friday 25th October	Half Term holiday

WELFARE

Dear Parents/Carers,

As we start each academic year please note that is important that parents keep us updated with changes to their son's medical conditions, allergies or general welfare. The information is treated sensitively and confidentially. You can send the information by post, email or contacting the school office.

On Wednesday 25th September 2019 the first dose of the HPV vaccination will be given to Year 8 students who have had consent to be given the vaccination. The students will need to have breakfast on that day and wear a short sleeved shirt. The vaccinations will be given by Vaccination UK. The second dose of this vaccination will be administered on 1st April 2020. Ilford County High School facilitates the process but its staff cannot answer direct questions about the immunisations. If you have any further questions that are not answered in the booklet provided please contact Vaccination UK about the specific nature of the process itself. If you still have concerns then speak to your GP.

Kind regards,

Miss Warnock
Head of Inclusion



FIRST AID FACILITIES

Dear Parents and Carers,

Many of you will be aware of the changes that have taken place to improve the school's Reception and office areas. These improvements are very welcome and were made possible only with the support of the London Borough of Redbridge who paid for the building works. The changes include work to improve the facilities in our "medical room".

We are going to take this opportunity to review our use of our first aid facilities so that we can offer our students the best possible care.

If a student is feeling unwell we will ask them to report to the office window where an initial assessment of their needs will be made. Minor cuts, bruises or students who are feeling a little "out of sorts" may be given some immediate first aid such as a cold pack, plaster or some water before being sent back to their lesson with a note asking them to return should they continue to feel unwell or their condition get any worse.

This means that our First Aid Room will be available to support students who are feeling unwell and need to be collected by parents or who have suffered an injury.

We want to ensure every child who attends our schools receives the best possible care whilst minimising the time they spend outside of lessons. These new arrangements should mean that the first aid room is reserved for use by those most in need and time spent away from learning is minimal.

If your son has a healthcare condition such as diabetes he will be invited into the first aid room as normal to conduct blood sugar tests etc.

Our school staff will continue to care for your son's health to the very best of our ability, we look after your children in the same way that we care for our own children. Staff members who work in the office, Reception and PE areas have received first aid training but we are not doctors or nurses, this means that it is important that your son tells us exactly how he is feeling and that he updates staff if he continues to feel unwell or his condition worsens.

We will continue to work with parents to provide the best possible care for their sons.

At the start of the new school year please ensure you have informed or updated the school about any allergies or medical conditions your son may have.

Best wishes,

Mrs Drysdale

Headteacher



TRAVELLING BUDDIES

Dear Parents and Carers,

We have had a request from a parent asking if we can set up a buddy system for boys who are travelling from the further parts of our catchment area.

If your son is travelling a long way to reach ICHS and you would like to enquire if there is another student travelling from the same area on public transport please send an email to the school office on enquiries@ichs.org.uk.

We will keep a record of the emails we receive and if there is a student travelling from the same area we can with your agreement put you in touch with each other.

Kind regards,

School Office

SCHOOL OFFICE

Dear Parents/Carers,

With the end of another academic year and to welcome the new students who will be starting in September, may I take this opportunity to layout some expectations regarding the School Office and draw your attention to a few aspects that will help with ensuring that we can support everyone as best as possible.

The School Office is open on week days (term time) between 8.00am and 4.00pm.

Parents/Carers are always welcome to in our school office. If you need to speak with a member of staff, but it's not a safeguarding issue and you don't have an appointment, please email enquiries@ichs.org.uk to request an appointment or to be contacted by a member of staff. This way, will be less time consuming for you and it will allow us to provide you with a better service. In the event of a safeguarding issue we do have a designated lead.





As the School Office can get very busy outside lesson time, the spare phone in Reception can only be used by the students for emergencies. If your son has forgotten to bring any school equipment (such as homework, any part of his school uniform or PE kit, etc), he will have to take responsibility for it and make sure he remembers the next day.

We have two lost property areas in the school, one located in the School Office and the other in the Sports Hall. Please make sure you label all your son's items and check when he gets home that he has his own property, as students might take home other students' items by mistake. If you check the labels and notice that they don't belong to your son, please return to the School Office.



We understand that transition period from Primary School can be difficult and cause some anxiety. All staff at ICHS is ready to help Parents/Carers and students to make this transition as smoothly as possible. We kindly ask new Year 7s Parents/Carers to collect your children from the Fremantle pedestrian access in order to allow vehicles through the main gate.

To report your son's absence, you can text the school's mobile number on 07860 030 493 or email attendance@ichs.org.uk by 9.00am. This way, you don't have to wait for the school Office to open as you'll be able to do it at any time of the day.

Sixth Form Parents/Carers can use the following email addresses as follows:

-  Admission queries: sfadmissions@ichs.org.uk
-  Attendance queries: attendance@ichs.org.uk
-  UCAS/Universities matters: Pathways@ichs.org.uk
-  Any other queries: enquiries@ichs.org.uk

The school is unable to provide parking onsite, therefore if you need to come into the school, please park on local roads like Mossford Lane. Please:

-  Make sure you don't stop/park on the school grounds, in front of the school gates or on the roundabout;
-  Be mindful when parking in residents only areas, so you don't get a ticket or block other people's cars.

If you're collecting your child from medical room, please do come through the main gate for Reception.

If you have any queries, please do let me know.

Thank you for your support,

Mrs Branco (Office Team Lead)

COMMUNICATION WITH PARENTS/CARERS

Dear Parents/Carers,

Most of the school's communication with parents/carers is done through text messages or emails the school sends by Groupcall. We kindly request parents/carers to add 3174007@groupcallalert.com to your safe address list please in order to assure you receive our emails.

With the start of a new academic year, we kindly ask you to make sure we have your correct contact details in our system through SIMS Parent Lite. All parents/carers should now have been invited to join SIMS Parent Lite. If you haven't received this email, please contact the school office. You are required to have a Microsoft, Twitter, Facebook, Google or Office 365 to set up your login.

SIMS Parent Lite allows parents/carers to review and request changes to the data held on yourself and your children. This can be done direct via smartphone, tablet or PC, the app is available both for iOS and Android.



Kind regards,

Mrs Branco
Office Team Lead

Have you
downloaded
the *new*
SIMS Parent
Lite app?

Review and request
changes to the data
held on you and your
children direct from
your phone.



Once you've received your invitation and registered, simply visit the App or Play Store and download SIMS Parent to get started.

Or login online at www.sims-parent.co.uk

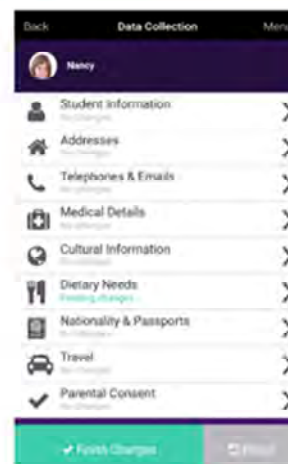
Ask your school for more information.



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CAPITA

SIMS helping schools inspire



STUDENT ACHIEVEMENT

Dear All,

We would like to share with you another of our Students Achievements.

Through his Cricket Club, Krishan has been Awarded the Jack Petchey Achievement Award last June.

I hope this will encourage other students to have an active part in Sports.

For further information on the Jack Petchey Foundation, please visit:

<https://www.jackpetcheyfoundation.org.uk/>

Kind Regards,

Mrs M Foucher

Deputy Headteacher



CHILDFAIR STATE INQUIRY

Dear all,

We're looking for young people aged 13 - 21 to lead the next phase of the ChildFair State Inquiry: research and development of a new vision for the welfare state by children and young people themselves, with support from a sounding board of policy experts.

This team of Young Leaders will be supported by the brilliant Leaders Unlocked to design and deliver the research project, engaging a total of around 2,500 children and young people from the communities they live in.

They'll be able to challenge issues in areas like education, housing and public spaces, and come up with creative proposals for putting children's needs at the heart of local and national policy and practice.

Please visit our website for more details: <https://www.childrenengland.org.uk/news/needed-young-people-to-re-design-the-welfare-state>

Kind regards,

Ferzanah Ahmed

Policy Project Lead

Policy, Equalities and Communities

Tel: 020 8708 2161

Email: ferzanah.ahmed@redbridge.gov.uk

Web: www.redbridge.gov.uk

Twitter: [@RedbridgeLive](https://twitter.com/RedbridgeLive)

Facebook: www.facebook.com/redbridgelive

**Children
England**
Charities working for
children and families

LOST PROPERTY

Dear Parents/Carers,

The school has registered with Find My Kit organisation as we believe this is an important service for our Parents/Carers as it will allow to save money with uniform items replacement.

This organisation will make available for parents to purchase smart tags (iron-on or sticker QR code) to label clothes. The school office will be provided with a free scanner. When a lost property item is received in the office with these labels, it will be scanned and the parents/carers will receive a text/email to let them know it's been located.

If you have any further queries, please contact the school office.

Kind regards,

Mrs Branco

Office Team Lead



findmykit.com

RECOVERING LOST PROPERTY
FOR PARENTS ONE CODE AT A TIME!

Why you need to sign up to **findmykit.com** today...

When items are found and scanned by an organisation signed up to findmykit, you will receive a notification via Email and or SMS/Text with details of its location and who to contact.

Easy to sign up

Easy to apply

Safe and secure

Individually produced QR codes

Easy to iron/stick on

Dishwasher proof

Found items are scanned and returned

Machine washable to 40C

Once ironed on our transfers begin to cool into the fabric, and are then securely held in place. Their flexibility means they can be used on all uniforms including swim and dance wear.

Using a combination of QR technology coupled with an advanced PET (polyethylene terephthalate) based material, we have transformed the traditional name tag providing both an extremely durable Smart Tag and an enhanced opportunity of retrieval.



Sign up today at...

findmykit.com

A revolutionary way to find what's yours



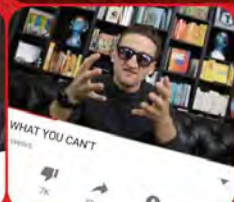
DIGITAL SAFEGUARDING



YouTube is a video sharing site/application that enables you to upload, view, rate, share and comment on a wide variety of videos. Consisting of a huge resource of information, advice and entertainment, YouTube now has 1.9 billion logged-in monthly users who watch a billion hours of video daily. Most of the content on Google-owned YouTube is uploaded by individuals, but organisations and media companies also offer some of their content via this platform.



AGE RESTRICTION
13+



What parents need to know about

YouTube



SPENDING A PREMIUM

YouTube Premium (formerly YouTube Red) is a new paid streaming subscription service in the UK, offering a three-month free trial to tempt viewers into a £12-per-month plan. This includes the ability to download videos, stream videos with the app in the background, gives exclusive access to original content and a separate music streaming service and gaming app.

DANGEROUS 'CHALLENGE' & VIRAL VIDEOS

On YouTube, 'challenge videos' are shared quickly and can be very dangerous. One person may post a video of themselves doing something unusual like eating a hot chili or jumping in a river and before you know it, the video goes viral and everyone wants to join in and share their videos. The speed in which challenge videos spread across the Internet makes it difficult to keep up with the latest ones.

SHARING VIDEOS

As well as watching videos, many children are keen to share their own videos online, emulating their YouTube heroes, such as Stampy or DanTDM. However, if they post something on YouTube, they may later regret it or feel embarrassed about what they have shared. There is also a risk that they will receive hurtful or negative comments regarding not only their content, but also their appearance. YouTube's comment section is infamous for being one of the most opinionated on the Internet.

IN-APP MESSAGING

When your child is logged into their Google account and browsing the YouTube website, they can share and talk about videos with their friends using the chat bubble. This can be found at the top right of the desktop site or through in-app messaging on their mobile or tablet. When they tap on the 'Friends' icon, they have a list of suggested people from their contacts – which can be any contact they've had on Google or somebody who has sent them an invite link.

AGE-INAPPROPRIATE VIDEOS

As YouTube is the biggest video sharing website in the world, there is content available for all ages, meaning that some content will not be appropriate for your child. If you think that content is unsuitable, there is a flagging feature to submit it for review by YouTube staff, but you will need to be aware that just because video is not appropriate for a younger audience, it may not violate YouTube's policies. YouTube has mechanisms in place to automatically remove explicit and harmful content, yet offensive content may still slip through.



**National
Online
Safety**

Top Tips for Parents



TURN ON 'RESTRICTED' MODE

'Restricted Mode' is an optional setting you can use to help screen out potentially mature content you may prefer your child not to see. Restricted Mode works on the browser or device level, so must be turned on for each browser or device your child uses. To do this, follow these steps:

- Desktop:**
 - Go to the bottom of any YouTube page and switch 'Restricted Mode' to 'ON'.
 - To make it more difficult for this to be turned off, you will be given the option to lock restricted mode onto your browser.
- Mobile:**
 - Tap the three vertical dots at the top-right on the screen and press, 'Settings'.
 - Click on 'Restricted mode filtering'.
 - Press 'Restrict'.

Please note that you can't 'lock' restricted mode on a phone in the same way that you can on a desktop. You will need to turn this on each time your child uses it.

CREATE A FAMILY GOOGLE ACCOUNT

By having a shared family Google account, checking the history will enable you to see exactly what your child is watching and sharing on YouTube. To see the history on a computer, on the right hand menu under the library section, click 'History'. On mobiles, the viewing history can be found by clicking on the 'Library' tab.

BLOCKING ACCOUNTS

When using YouTube, there may be instances where your child receives negative comments. If somebody's giving your child a difficult time, here's how to block them and prevent future comments and replies:

- Go to their channel/account by clicking on their name.
- Click on 'About'.
- Tap the dropdown box with an image of a flag on it.
- Press 'Block user'.
- Tap 'Submit'.

MONITOR WHAT YOUR CHILD IS WATCHING/POSTING

The only way to truly know what your child may have been watching is to regularly monitor them. You can do this by checking their viewing history. YouTube videos can also be easily downloaded, so it is important that your child understands the associated dangers of content they are uploading and that it could harm their online reputation in the future. Show them how to set their videos to private or choose a small network of YouTube friends to share with. To get started, your child can use YouTube Studio which offers learning modules on creating a YouTube channel; however, you should encourage them not to use their real name.

NEW FEATURES

DIGITAL WELLBEING

YouTube has launched a tool called 'Time Watched' that allows you to see how long has been spent on the platform. Once you have discovered how much time has been spent on the app, there is the option to set a time limit. Once the limit is reached, a reminder will pop up on the screen. You can also disable sounds and vibrations to help resist the urge to check for notifications.

OPT FOR A FAMILY PREMIUM PLAN

A YouTube family Premium plan may be a cost-effective option if you have more than one child. For £17.99 a month, it allows you to share a YouTube paid membership with up to five other family members – aged 13 and older – living in the same household. As the account holder, or family manager, you must create a Google family account.

MANAGING IN-APP MESSAGES

If your child is accessing YouTube via your account, bear in mind that they may be contacted by Google contacts who are complete strangers to them. You can remove someone from the suggested contacts list by pressing and holding the person's name and tapping on the red 'x'.

POPULAR YOUTUBE GAMERS

There are hundreds of YouTube accounts which show other people playing and commenting on games. These are called 'Let's Play' videos. While YouTube can be a great resource for hints, tips and news for games, it is a good idea for parents to keep a close eye on what YouTube gamers are posting. Often, the games they are playing will contain strong language and violence. A few examples of popular YouTube gamers for you to have a look at are:

- Stampy
- Yogscast Lewis & Simon
- PewDiePie
- EthanGamer
- Markiplier

- PopularMMOs
- Captainsparklez
- Lckseptic
- LtCorbis
- DanTDM

!#{?}

SOURCES: <https://www.thesun.co.uk/tech/6702517/youtube-porn-videos-roblox-sex-games-watch-online/>, <https://www.youtube.com/watch?v=x-fgnP6dM>, <https://www.youtube.com/watch?v=L2xy7hc>, <http://www.dailymail.co.uk/news/article-5126833/Terrifying-truth-child-watches-YouTube-videos-are-doing.html>, <http://familytech.com/so-your-kid-wants-to-start-their-own-youtube-channel/>, <https://www.laptopmag.com/articles/block-someone-youtube>, <https://www.youtube.com/en-GB/y/about/brand-resources/#logos-icons-colors>, <https://www.common-sense-media.org/blog/popular-youtube-gamers-kids-cant-get-enough-of-stampy>

© National Online Safety Ltd

This is not a definitive guide. Please always check with the app's support information to see if your security and privacy concerns are addressed.

www.nationalonlinesafety.com

SHARP SYSTEM

SHARP SYSTEM: WHAT IS IT?



Have you got a problem? Need a hand? No-one to turn to?
No-one listening? Don't know what to do?
Don't want to be called a snitch, snake, grass etc.

Don't Suffer In
Silence, Make A
Report.



If you have a problem at any time you can contact us and we will do whatever we can to help, and if we don't know then we will know someone who can help you...Don't suffer in silence.

Check out the links for various help and guidance on a number of different subjects... Do it all in 3 easy steps.

Step 1: Go on the school website and access the SHARP system through 'contact us'.

Step 2: Report the problem anonymously using the form or send an email.

Step 3: That's it!
Your problem will be prioritised and investigated.

This is a **CONFIDENTIAL** way to stop **YOU** or a **FRIEND** or **SOMEONE** you have seen **SUFFERING**.

thesharpsystem
school help advice reporting page

MAYOR'S COMMUNITY AWARDS

London Borough of

Redbridge



**Mayor's
Community
Awards
2020**



Nominate a Redbridge resident, business or employee and help us recognise and celebrate the achievements of those who have made a real difference to the lives of our residents.

This could be someone who takes pride in the borough, a business that contributes to the community, or a resident that goes out of their way to help others.

The categories for the awards are:

- **Best Business Contribution to the Community**
- **Community / Neighbourhood Champion**
- **Taking Pride in Redbridge**
- **Caring for others in Redbridge**
- **Contribution in Support of Young People**
- **Creating a Safer Redbridge**

Nominations will be open until **Sunday 29 December**

www.redbridge.gov.uk/mayorawards

HAINAULT YOUTH CENTRE



Hainault Youth Centre

Positive activities for young people

Activities include:

- Just turn up and play basketball, football, indoor cricket, pool table & table tennis
- Safe space to meet other young people, play board games & games consoles
- Can't cook won't cook challenge
- Quiet space for homework

Come and have a look

Monday 7pm to 9.30pm	Young people with special educational needs and disabilities 13 to 25 years old
Tuesday & Wednesday 3.15pm to 5.45pm	Afternoon Youth Club Session 11 to 19 years old
Tuesday & Thursday 7pm to 9.30pm	Evening Youth Club Session 13 to 19 years old

We also offer:

Certificates for accredited course's on life skills, DJ & music production, cooking session, leadership skills, sports development skills, please visit the website below to sign up. We provide school holiday schemes, support to enrol on the Duke of Edinburgh's Award.

FREE taster session Membership £4 per term

Hainault Youth Centre
116 Huntsman Road,
Hainault IG6 3SY
Tel: 020 8500 8071

Please visit our website:

www.redbridge.gov.uk/young-people/youth-centres-and-youth-bus

REDBRIDGE FAITH FORUM

Redbridge Faith Forum is a local charity and strategic partner of the council - we run events and activities to enable people of all faiths to meet together to build bridges across our differences.

Our very popular **Annual Multi-Faith Walk** will take place on **Sunday 15th September** so please save the date and come and join us **1.00-4.30pm**.

Our latest news bulletin is available by clicking <https://redbridgefaithforum.org/wordpress/wp-content/uploads/2019/07/Aug-2019-Vol-12-issue-5-1.pdf>

Redbridge Faith Forum,

Room 16, Ground Floor, Redbridge Town Hall, 128-142 High Road, IG1 1DD

Tel - 020 8708 2478

Charity Reg. No. 1118675

[Email - Faith. forum@redbridge.gov.uk](mailto:faith_forum@redbridge.gov.uk)

www.redbridgefaithforum.org

If you would like to become a RFF member please email faith_forum@redbridge.gov.uk for a membership form.



We're on the web:

<http://www.ichs.org.uk/>

Phone: 020 8551 6496

Fax: 020 8503 9960

Email: enquiries@ichs.org.uk