



Headteacher's Welcome

Dear Parents and Carers,

November 11th, Remembrance Day falls on a Sunday this year. We will be marking this important event on Monday 12th November at 11.11am. As usual we will ask all our students to stand in silent around the school to remember those who have died in conflict around the world and in particular the men of Ilford County High School who gave their lives during WWI and WWII. Year 8 boys will read their names on our war memorial to maintain the tradition that each ICHS man's name is spoken and remembered once a year.

I would like to take this opportunity to thank the History Department, and Mr Emeny and his team of students for the displays, biographies and art work depicting each young ICHS man who gave their life during WWI. Mr Emeny has also delivered a series of thought provoking assemblies.

October saw the school celebrate Black History Month with a wide range of activities which included visits from Shaun Wallace and Weinger Irwin organised by Mr Murdock; a webinar with Chris Lubbe, Nelson Mandela's former body guard, and a series of assemblies led by Mr Pearson. These events have allowed the students to have a deeper understanding of our shared history. Thank you to our LRC staff for organising the webinar, keep your eyes open for a report in the Ilford Recorder.

I was lucky enough to attend the Medics Social Event this week in which current Sixth Formers are given the opportunity to meet with former students who are now studying to become or are practising Doctors and Dentists. It is a lovely evening where students are able to find out what it is really like to work in Medicine and to enhance their interview skills. My thanks to Mr Pearson for organising the event.

You can read a little more about our Economics Inspiration Day for Sixth Form students. This provided the perfect opportunity for boys to explore career opportunities and further study at degree level. Thank you to the Economics Team for supporting this event.

Next week your son will be bringing home an A3 sheet of card with instructions explaining how to make a collection box. The school needs a new mini-bus and we need to raise £30,000. Please can you ask your son to make the box and decorate it. Once complete please can I encourage you all to fill the collection box with lots of money! (British pounds only please!) There will be House points and certificates for the heaviest boxes, most money collected and best designed boxes. Boxes will need to be brought into school on Wednesday 19th December. We will keep you posted on progress!

PTO

We have been contacted by the London Borough of Redbridge inviting us, parents and students, to participate in their Healthwatch Redbridge and Healthy Living Projects. The Healthwatch Project gathers feedback from members of the public about NHS services and Social Care. If you would like to find out a little more their website is <http://healthwatchredbridge.co.uk>. They have recently started a survey, developed by young people to find out a little more about the views of 14 to 18 years old on Healthy Living. They would welcome volunteers to complete the survey. It will take less than 10 minutes, is anonymous, they won't collect personal data and there is an opportunity to be entered in a prize draw to win a £10 voucher. The link is <https://www.surveymonkey.co.uk/r/97HPYWW> should your son wish to participate.

Best wishes & Thank you,

Mrs Drysdale (Headteacher)

IMPORTANT DATES FOR AUTUMN TERM

Monday 12 th November	Remembrance Day (11.00am)
Tuesday 13 th November	Year 7 Parents Welcome evening
Wednesday 14 th November	Staff Training Day (students not in school)
	Year 13 Geography Trip
Thursday 15 th November	Year 10 Curriculum Evening
Tuesday 20 th November	Year 11 GCSE PE Rock Climbing
Thursday 22 nd November	Progress Check Report 1 home to parents via email
	Year 13 Geography Trip
Monday 26 th to Friday 30 th November	PSHEE Drop Down Week
Wednesday 28 th November	Year 11 GCSE PE Rock Climbing
Thursday 29 th November	Year 13 Parent Teacher Consultation
Friday 30 th November	Senior Kangaroo Maths Challenge
Monday 3 rd to Thursday 6 th December	Year 11 MFL Mock oral exams week
Wednesday 5 th December	School Council meeting
Thursday 6 th December	Sixth Form Open Evening
Friday 7 th December	Year 11 Exam briefing
Monday 10 th to Friday 21 st December	Year 11 Practice Exams
Monday 10 th December	Computer Science Olympiad
Wednesday 12 th December	Home School Links Meeting
Monday 17 th December	A Level Presentation Evening
Friday 21 st December	End of term (students)
Monday 24 th Dec to Friday 4 th January	Winter Holiday
Monday 7 th January	Start of Spring Term (students)

NOTICE BOARD

LOST PROPERTY

Dear Parents/Carers,

I am currently holding several mobile phones that were not claimed from lost property during the last academic year.

If your son has lost a mobile phone please ask him to come and see me to reclaim it.

Any unclaimed items will be disposed of at 3:30 pm on Friday 23rd November 2018.

Kind regards,

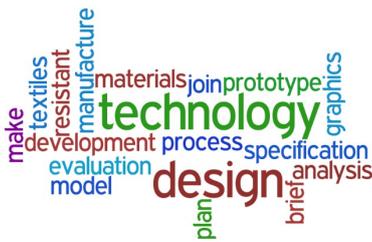
Mr Streatfield (Deputy Headteacher)



DESIGN AND TECHNOLOGY RESOURCE FUND

Dear Parents/Guardians,

Firstly, I would like to thank those parents who have contributed towards the Design and Technology resource fund. Please can the parents who are yet to contribute, kindly do so as soon as it is convenient.



Your contribution will allow your child to have a better experience of manufacturing products and cooking a range of dishes throughout their studies in KS3 as well as take their product/dishes home.

Please use Parent Pay to make your contributions.

Thank you.

Mr Ibrahim (Head of Design and Technology)

OFFICE 365

Dear Parents/Carers,

Students at ICBS have free access to Office365. It's downloadable from the front page of Office 365.

Please follow these instructions:

<https://support.office.com/en-us/article/download-and-install-or-reinstall-office-365-or-office-2016-on-a-pc-or-mac-4414eaaf-0478-48be-9c42-23adc4716658>

Kindly,

Mr Darlow (IT Technician)



POPPY APPEAL

Dear Parents/Carers,

During next week, our Sixth Formers will be going around the lessons to collect donations for this year's Poppy Appeal. The Royal British Legion has handed into the school paper poppies (£1 donation) and metal pin poppies (£3 donation). If you would like to contribute, please have your son to bring your donation to be collected in lesson.

Alternatively, your son can leave the donation in the school office (during breaks time).

Kind regards,

Mrs Branco (Office Team Lead)



PE EXTRA CURRICULAR TIMETABLE (OCT-DEC)

	BEFORE SCHOOL 7.30-8.30	LUNCHTIME 1.10-1.50	AFTER SCHOOL 3.30-4.30
MONDAY	GCSE Practical Clinic (Invite only Year 10)	Table tennis and badminton KS3	Inter-house fixtures
TUESDAY	Year 7 and 8 Futsal	Basketball KS4	Meetings
WEDNESDAY	GCSE Practical Clinic (Invite only Year 11)	Basketball KS3 GCSE Swimming	1 st XI fixtures Inter-house fixtures
THURSDAY	Year 9 and 10 Futsal	Table tennis and badminton KS4 Swimming Year 9	Inter-house fixtures GCSE Theory Intervention
FRIDAY	KS4 Handball Club	Badminton KS3 (Week A) Badminton KS4 (Week B)	Reward/Staff usage



PE INTER HOUSE FIXTURES (OCT-DEC)

INTERHOUSE FIXTURES TAKING PLACE THIS HALF TERM
(3.30PM TO 4.30/5.00PM)



HANDBALL

Year 9 - Tuesday 13th November
Year 10 and 11 - Monday 12th November

BADMINTON

Year 11 - Monday 26th November
Year 10 - Tuesday 27th November
Year 9 - Wednesday 28th November
Year 8 - Thursday 29th November
Year 7 - Monday 3rd December



DODGEBALL

Year 10 - Monday 10th December
Year 9 - Wednesday 12th December
Year 8 - Thursday 13th December
Year 7 - Monday 17th December

PHILOSOPHER OF THE MONTH: NOVEMBER

NOOR INAYAT KHAN

Noor speaking about the World War 2: "Well, I must do something, but I don't want to kill anyone."

Princess Noor Inayat Khan was a British Special Operations Executive Agent (SOE) in World War 2 and the first female radio operator to be sent into occupied France to aid the Resistance.

Born in Russia in 1914, Noor had an American mother and an Indian Muslim father, and grew up in London and Paris. She was raised to believe in religious tolerance and non-violence. Her father was a practicing Sufi, who taught her that telling lies is wrong. Despite her pacifist upbringing, Noor wanted to play her part in defeating Nazi Germany. She joined the Women's Auxiliary Air Force (WAAF) in 1940 as a trainee wireless operator. Because of her fluent French, she was chosen to train as a special agent. She was flown to France where she worked in great danger. Not long after her arrival, a wave of arrests were made and Noor's became the only radio still operating in Paris. Despite the danger, she refused an offer to return to England. Eventually she was betrayed, captured, interrogated and imprisoned at Pforzheim in solitary confinement. She was shackled in chains for most of the time.

She refused to give any information on her work or other operatives. Noor and three SOE agents were moved to the Dachau Concentration Camp. In the early hours of the morning, on 13th September 1944, the four women were taken outside and shot. Before she died, she was reported to have shouted out "liberty". She was 30 years old.

After the war, Noor received the recognition that few other female SOE agents experienced, and was posthumously awarded the George Cross, the highest civilian medal given for bravery and sacrifice in Great Britain. The French awarded her the Croix de Guerra with Gold Star.

The Noor Inayat Khan Memorial was unveiled in London on November 8th, 2012, in a ceremony led by HRH Princess Royal, Princess Anne. This was the first monument to an Asian woman in the UK. Noor and two and a half million Indians fought bravely in the World War 2. They were the biggest single volunteer army and their sacrifice should not be forgotten.

Ms Capin

(Philosophy & Ethics Teacher)



DIGITAL SAFEGUARDING



ROBLOX
Powering Imagination

According to the Roblox website, 'Roblox is the world's largest interactive social platform for play'. For those of you not so familiar with the game, it is a multi-player online gaming platform which allows children to play and create a variety of games in a 3D world. Roblox is free to play and available on all modern smartphones, tablets, desktops, Xbox One, Oculus Rift, and HTC Vive.




What parents need to know about **ROBLOX**



ROBLOX STUDIO

The Roblox Studio allows users to create their own games and 'worlds' for others to play on the platform. As the games are user generated, it gives users the freedom to potentially include things you do not want your child to be exposed to, for example, weapons, violence and even pornographic content. There are no age restrictions on the games created in the Roblox Studio and Roblox can only rely on people reporting negative/violent content in order to remove the games from the platform.



CHATTING AND FRIEND REQUESTS

Whilst the games in Roblox are aimed at 8 to 18-year-olds, there are currently no age restrictions for signing up. This means both adults and young people can play and communicate with each other and send friend requests through the platform. Once a friend request is accepted, this means that they can communicate with each other outside of gameplay.



ROBUX ONLINE PAYMENTS

When a user creates a game, they earn something called 'Robux', which works as a currency within the platform, allowing the purchase of upgrades and memberships. If the created game is of good quality and attracts multiple players and in-game adverts, children have the potential to earn a lot of 'Robux'. Once a user has earned a certain amount of Robux, they can convert this to real cash and withdraw it to a PayPal account. To withdraw money, users need to be over 13, have a PayPal account and have paid for the Roblox premium subscription.




National Online Safety Top Tips for Parents

UNLIST SOCIAL MEDIA ACCOUNTS

Make sure your child's social media accounts are not listed in the settings/account info. If they are, advise them to make them private or remove them in their account. This will ensure nobody can find and contact them on their social media platforms outside of Roblox.

CHECK SHARED INFORMATION

In the account settings, check that your child is not giving away any personal information in their bio/profile. For example, their full name, phone number or snapchat name. If you see that they have, explain why this is potentially dangerous and remove immediately.

2 STEP VERIFICATION

Roblox has a great 2-step verification security feature which we recommend you enable to add an extra layer of security to your child's account.

IS YOUR CHILD UNDER 13?

Unfortunately, there are hundreds of YouTube videos showing children how to change their age settings on Roblox, so firstly, you should talk to your child to set up some rules/an agreement. There are additional safety features for children under 13, for example having their posts and chats filtered for inappropriate content and behaviour, so it is worth checking that your child has set up their account with the correct age. You can find this in their account settings.

DISABLE IN-GAME CHAT

Roblox is great for children to play together and chat to each other. However, if you wanted to completely turn off in-game chat for your child (meaning they could not contact anyone including their friends) you can do so by following these steps: When logged in, go to the Account Settings page by clicking on the gear icon at the top right corner of the page, then click Settings. Next, click on the Privacy tab and under 'Who can chat with me in game?' select 'No one' and this will disable in-game chat.



HAVE A CHAT ABOUT 'GRIEFING'

Griefing is when someone purposely upsets another player in a game. This can be done by setting traps, damaging or stealing something from another player, intentionally killing them and just generally doing something in the game to spoil gameplay for them. Essentially, 'Griefing' is a form of cyberbullying and can be extremely frustrating and upsetting for players.

RESTRICT PAYMENT METHODS

Roblox is a free to play game, but there are still options to make additional in-game purchases. If you do not want your child to make payments, ensure your card is not associated with their account. If you are happy for your child to make payments in the game, but want to limit spending, we suggest using a games console gift card. These can be purchased in specific amounts, which will allow you to limit how much your child spends and removes the need for a credit/debit card to be used with their account.




Have An Eye Test

Eye tests should normally be every two years for adults. An eye examination includes a health check of the eyes. It also tests for visual problems which can be corrected with glasses or contact lenses.

Optometrists may detect health and eye diseases such as diabetes, high blood pressure, glaucoma, cataract and many other conditions, before you notice any effect on your sight.



Information on NHS eligibility and private eye tests can also be found at your local optician.

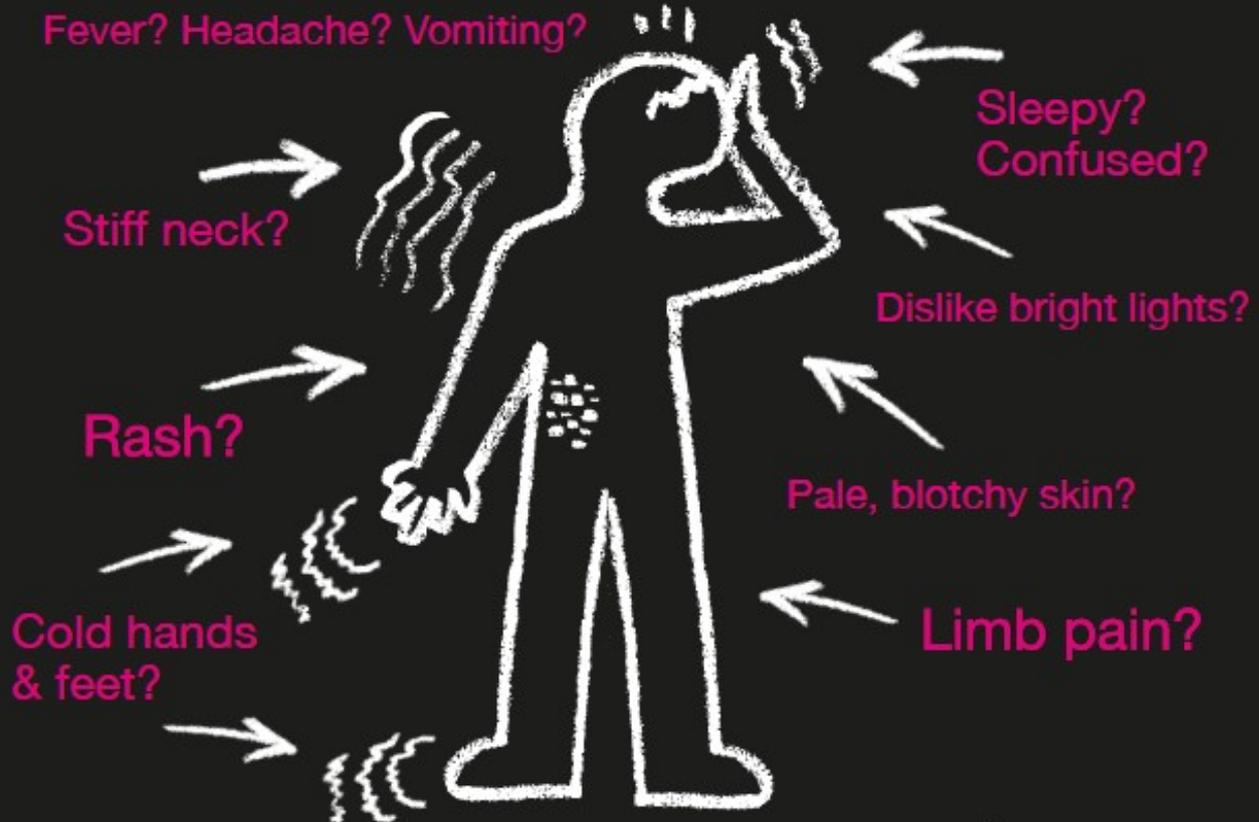
To keep your eyes healthy make sure you have regular eye exams, stop smoking, eat a healthy diet and protect your eyes from UV and the sun.

To find a local optician you can see our website: nelondonloc.com or visit NHS Choices website.



DON'T IGNORE

The signs



Meningitis

Meningitis can kill in hours
It could happen to anyone
It could happen to you!

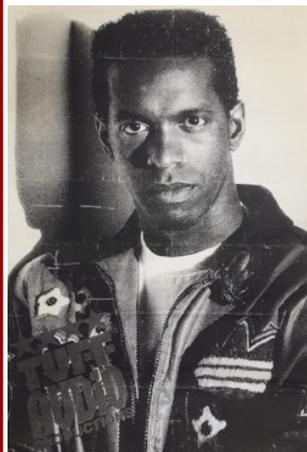


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These are just some of the warning signs. If you are worried for yourself or someone else get medical help immediately. Contact

For more information visit www.meningitis.org or www.meningitisnow.org

REDBRIDGE MUSEUM & HERITAGE CENTRE



Derek B: The Woodford Rapper

2 October 2018 - 31 December 2018

In this new small display Redbridge Museum celebrates the life of rapper and local Woodford boy, **Derek B.**

Derek shot to fame in the late 1980s as one of the first black British rappers to make it big in the UK. On display for the first time are photographs, albums and music from his life, lent by family and friends. This includes 60,000 albums sales on loan from the Black Cultural Archives.

On Wednesday 17 October 5.30pm join Jim Ives for a personal look into Derek B's journey from a pirate radio DJ to a successful hip-hop artist, record producer and remixer.

For more information and booking please call Redbridge Museum on 020 8708 2317 or via [Eventbrite](#).

Wonder Women: 100 years of Women's lives in Redbridge

13 November 2018 - 27 April 2019

Redbridge Museum

To celebrate 100 years since the first women in the UK won the right to vote, this exhibition explores the lives of women in Ilford, Wanstead and Woodford over the past century.

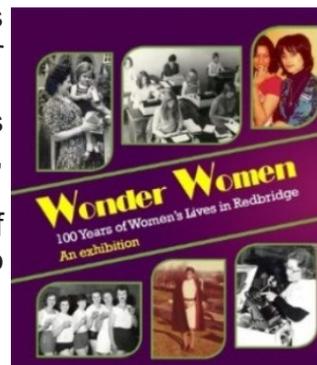
From the days of 'mistress and servant' to the varied lives of today's diverse communities, this exhibition tells the story of local women in their own words.

Beginning with the Suffragette campaign to gain the vote and the impacts of two world wars, the display uncovers the changing pattern of work, education, family life and sisterhood.

Featuring new films about women's lives today alongside a wealth of historic objects, photographs and oral histories, this is a unique chance to meet Redbridge's very own 'Wonder Women'.

This exhibition is in partnership with Woodford County High School.

Redbridge Museum is a partner in [Snapping The Stiletto project](#).



EVENTS

Explore Your Archives

Wednesday 21 November | Redbridge Heritage Centre | 2pm-4pm (Drop in session)

Redbridge Heritage Centre will be celebrating Explore Your Archives Week. Come along and look at items not usually on display from our vast collection of archives. See maps, photographs, and other information related to leisure pursuits in Redbridge.

Family history 1-2-1 sessions

Get help to start uncovering your family history using library resources such as Ancestry and Find My Past. Please contact us on info.heritage@visionrcl.org.uk or 020 8708 2469 to book your FREE session.

Volunteers wanted

Are you interested in local history? Redbridge Heritage Centre is looking for people to help catalogue a wide range of historic archives and helping to research a wide range of topics. You can choose days and hours to suit you. If you can help, please contact Redbridge Heritage Centre - info.heritage@visionrcl.org.uk or 020 8708 2469.



LORD MAYOR'S SHOW

Dear Head Teacher,

Please find attached the image for this year's Lord Mayor's Show. This free annual event attracts thousands of people into the City each year, all revelling in the excitement, splendour and history that this special event evokes. As I'm sure you can imagine, it's a great day out for the whole family and we therefore hope you will be able to help us by making our promotional literature available to your teachers, pupils and their parents.

Posters based on the attached image are available, should you have the space to put them up in your school. They are available in large (40" x 25" Double Royal) and smaller (A3) versions. As usual, we have also produced a leaflet giving information on the Show, which is available free of charge should you have space to display copies. If you require either, please reply to this email indicating how many copies you would like and confirming the delivery details.

May I take this opportunity to thank you for supporting this historic event.

Regards

Sheldon Hind

Head of Publishing

Communications

**City of London
Corporation**

