

13th March 2020

New Issue no: 41



Headteacher's Welcome

Dear Parents / Carers,

I am writing to you to update you on the actions taken by the school as we face the concerns raised by the Coronavirus. I would like to begin by saying how mature and sensible our students have been when following the advice they have been given. Over the last fortnight assemblies have focused on the Coronavirus and the simple steps we can all take to help stop its spread. Students and staff are being encouraged to wash their hands regularly with soap and hot water and to use tissues should they need to cough or sneeze.

We are following all the advice and guidance from the Department of Education and Public Health England. We are receiving regular updates on any changes to the advice that has been given. This advice was updated on the 12th March 2020. We are asking staff and students to stay at home for 7 days if they have either a high temperature or a new continuous cough. Please let us know the reason for your child's absence and we will ensure the correct code is used.

We received information earlier this week from Ofqual, who oversee the work of the examination boards, they explained that they appreciated people were worried about the impact that the Coronavirus might have on public examinations and that their overriding priorities are fairness to students this summer and keeping disruption to a minimum. They ask that schools continue to prepare for exams and other assessments as normal and remind us that it is still many weeks until exams start and that they will issue updated advice if necessary, giving schools and colleges as much notice as possible.

In the spirit of being prepared please can I ask all parents to check that their son is able to log in to both Class Charts and our school email system from home. In the event of a school closure we will use these systems to set work so that he can keep up to date with his studies.

I have attached a study guide with this letter with some hints and tips that your son may find helpful to keep him focused whilst he is working from home. In order to be prepared your son will also find it useful to check his log in details for the services we use to complement our curriculum. All students in Year 9 to 11 have access to GCSE Pod for example and some students have been issued passwords for systems such as Kerboodle (your son will know if he has been given this). Where students have access and it is appropriate teachers might use these systems to set work in the event of a school closure.

In the event of the Government closing schools please can I ask all parents and carers to be understanding. We will endeavour to set productive work for all classes and will arrange systems where staff support each other to set work in the event of illness however should many of our staff be taken ill this might not always be possible.

At the moment life at school is carrying on as usual with students in lessons and trips and activities going ahead as planned. Should the advice we are receiving change then we will of course review the situation and we will keep you informed of any changes. We have begun to follow the protocol of not shaking hands at the moment, so please do not be offended if you come into school and no one shakes your hand, we are doing this with the very best of intentions.

If you have any questions please do not hesitate to get in touch

Regards,
Mrs R Drysdale
Headteacher

IMPORTANT DATES FOR THIS TERM

Monday 9th March	Year 10 and Year 11 Geography Trip
Tuesday 10th March	Year 11 Geography Trip
	Year 11 Biology Mock
	Year 9 Globe Theatre Trip
Wednesday 11th March	Year 10 Biology Challenge
Thursday 12th March	Year 11 Maths Mock
Friday 13th March	Year 9 Options talk (Assembly)
Wednesday 18th March	Home School Links
Thursday 19th March	AQA Hub Meeting
	Year 13 Mock Results Day
	Year 13 Mock Results Sent Home to Parents
	Year 11 PE Moderation
	Year 10 Philosophy Mock
Friday 20th March	Mothers Day Gift Sale
Wednesday 25th March	EWMHS Exam Stress Workshop
	Year 7 & Year 8 Disco
Thursday 26th March	Year 9 PTC
Wednesday 1st April	Year 8 Curriculum Evening
	HPV Vaccinations 2 (Year 8)
	Year 8 Options Talk (Assembly)
Thursday 2nd April	Model UN Conference
Monday 6th April to Friday 17th April	Easter Spring Break
Monday 20th April	Summer Term Begins

Sports Trip

West Ham United vs Arsenal

Dear Parent/ Carers,

On Tuesday 21st January, a few of our students competed in the Essex Badminton schools competition that took place at Redbridge Sports Centre. The KS3 team that comprised of 5 year 9 students and 1 year 8 student battled valiantly and were able to come away as Essex champions. They went on to further represent Essex in the London, Essex and Middlesex regional round. They unfortunately lost in this round succumbing to defeat to finalists Wilson's school. I would like to congratulate this team not only for their honourable victory but the way they were a credit to the school as mentioned by the competition organisers.

On Monday, 29th January a few of our students were given the opportunity to be ball boys at the London Stadium for the fixture between West Ham United vs Arsenal. This involved students being shown around the stadium pre-game. Students were also pitch side during the pre-game warm ups which enabled students to be in and around professional football players, not forgetting that these students were then pitchside for the entirety of the game. The students (and staff) that went on this trip enjoyed being so tightly knit to the game and cannot wait to go again!

Regards,

PE Department



Notice Board

UNIFORM AND PE KIT

Dear Parents/Carers and Students,

We have had quite a few situations where students have lost items of their school uniform or the PE kit and these are not returned to any of the lost property boxes.

Can I kindly ask you to make sure your son's uniform and PE kit are labelled, and that you check your son's bag to make sure the items are his? Any incorrect items please return to the School Office.

Thank you for your support.

Kind regards,

Miss Akhtar

Office Team Lead

BOOK AMNESTY

The English Department are holding a Book Amnesty where we are requesting students and parents return copies of books they may have borrowed from English/the LRC. Please have a look in your homes and give your books to your English teacher.

Kind regards,

The English Department

WORK EXPERIENCE TALK

On Thursday 9th January, we had an extremely productive evening where we had Year 11 parents come into school to find out about Work Experience and listen to Mrs Drysdale talk about our Sixth Form study programme and our rising A Level results. The best part of the evening was when we had parents doing a Q and A session with a number of our former students who have gone off to study at universities such as Cambridge and Oxford. Parents were able to ask them about their experiences related to A Level and undergraduate subject choices and the impact of these in their chosen career pathways. Feedback on the night was overwhelmingly positive and hopefully gave our Year 11 food for thought with regards to their next steps. I am as always extremely grateful to our former students who gave up their time to share their experiences with our current students.

Kind Regards,

Mrs Foucher

Deputy Headteacher



YOUNG PEOPLE'S HUB

Dear Parents/Carers,

As a result of securing a government grant, the London Borough of Redbridge have recently opened a new youth club, known as YPH (Young People's Hub). YPH operates out of RAP, Starch House Lane, Barkingside, IG6 1PU, every Monday and Wednesday evening between 16:30-21:00. Young people are welcome to arrive at any time during the opening hours and leave whenever they wish.

YPH is open to anyone in year 7-11 and operates with the aim of promoting involvement in positive activities and providing a safe environment for people to make new friends and have fun!

Every evening at YPH there are a wide range of activities including table tennis, snooker, games consoles (including the newest games), games rooms and physical activities including kickboxing, football, basketball. Everyone that attends YPH will also be entitled to a free hot meal, drink and dessert. There is also a tuck shop!

Each evening there are competition prize giveaways with the opportunity to win vouchers to a wide range of retailers including Amazon, Nando's and JD sports.

If you have any questions or would like further detail please call or email on the details below.

Telephone: 02085016080

Email: admin@y-p-h.co.uk



SWI PE KITS

Dear Parent/ Carers,

Please find below information from SWI regarding PE Kit orders.

After many months of hard work, we're launching our new SWI Direct to Parent website on Monday and wanted to inform you of what to expect.

After receiving feedback over the last 12 months, we've built a totally new, much improved e-commerce website for you.

We have ensured that the ease of use and intuitive ordering process remains, but added in new functionality and robustness to the service:

1. a much improved mobile experience
2. a secure and expandable platform
3. easier multi-child management
4. enhanced your account information and order history
5. clearer layout and usability
advanced checkout – fewer steps and easier to complete

In the upcoming months we will also be adding more features such as promotions, personalised content, accessories and an account dashboard.

The process of ordering from us will be the same as it is now and the website will be directly available at <http://www.swischoolwear.co.uk>

Existing accounts will be migrated, and the existing email address will still work for existing parents. There is however, one extra step for the first visit to the new website, we will need the user to create a new password, for security purposes but this will be explained on the site as they login.

We're confident that the new website will prove to be popular and improve the experience considerably however we'd love to receive school and parents feedback so if you have any please email us on customerservice@swi.co.uk

Attached is your new how to guide, please can you upload this to your website for parents to follow.

Should you have any questions relating to the enhancements of the website please do not hesitate to contact me.

Kind Regards,
Lauren Monks

Years 7 to 11: All boys must wear:

A white shirt (long or short sleeved)

The school tie

A House coloured lanyard with Student ID

The school blazer.

Grey or black trousers.

Black sensible shoes - **NOT trainers.**

Pullover (optional) must, if worn, be grey and **V-neck with no logos**

(Black may be worn by Years 10 and 11) **Cardigans are not permitted.**



Outer Clothing

When boys are travelling to and from school, it is expected that their appearance will be a credit to the school and to their homes. No particular colour or length of outer clothing is stipulated; the only requirement is that the boys must look respectable. No “hoodies” or denim jackets are permitted. Coats should not be worn inside the building.

Not permitted: jewellery, hairstyles liable to draw attention, training shoes (as normal wear) or heavy boots.; facial hair (beards, moustaches, stubble) if worn by older boys should be neatly groomed.

Most items of school uniform can be purchased anywhere however the school tie and blazer need to be purchased from our specialist suppliers. Details of the two school uniform shops who stock our ties and blazers are given below.

Lucilla 180a Cranbrook Road Ilford, IG1 4LX Telephone: 020 8554 5133 www.lucillaschoolwear.co.uk	Carolina's 708 Chigwell Road Woodford Bridge, IG8 8AL Telephone: 020 8504 6420 http://carolinaschooloutfitters.co.uk/ilford-county-high-school-50-c.asp
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PE AND GAMES KIT

All students will need:

Towel for showering and goggles (if required)

Black swimming shorts (compulsory item)

Black ICHS Shorts (compulsory item only available from SWI)

Red/Black ICHS PE Polo Shirt (compulsory item only available from SWI)

Thermal Red Baselayer Top (compulsory item only available from SWI)

Red Coolmax Socks (compulsory item only available from SWI)

Black/White ICHS Training Top (optional item only available from SWI for extreme weather conditions)

A predominantly white, clean pair of trainers that are practical and not fashionable, with suitable ankle support (non marking sole) for indoor use (compulsory item)

Appropriate football boots (compulsory item)

Shin pads (compulsory item)

LOST PROPERTY

Dear Parents/Carers,

The school has registered with Find My Kit organisation as we believe this is an important service for our Parents/Carers as it will allow to save money with uniform items replacement.

This organisation will make available for parents to purchase smart tags (iron-on or sticker QR code) to label clothes. The school office will be provided with a free scanner. When a lost property item is received in the office with these labels, it will be scanned and the parents/carers will receive a text/email to let them know it's been located.

If you have any further queries, please contact the school office.

Kind regards,

Miss Akhtar

(Office Team Lead)



When items are found and scanned by an organisation signed up to findmykit, you will receive a notification via Email and or SMS/Text with details of its location and who to contact.

Easy to sign up | Easy to apply | Safe and secure

Individually produced QR codes | Easy to iron/stick on | Dishwasher proof

Found items are scanned and returned | Machine washable to 40C

Once ironed on our transfers begin to cool into the fabric, and are then securely held in place. Their flexibility means they can be used on all uniforms including swim and dance wear.

Using a combination of QR technology coupled with an advanced PET (polyethylene terephthalate) based material, we have transformed the traditional name tag providing both an extremely durable Smart Tag and an enhanced opportunity of retrieval.



Sign up today at...

findmykit.com

A revolutionary way to find what's yours



MODEL UN CONFERENCE

Dear Parent/ Carer,

Model UN is a society which allows pupils to take on the roles of ambassadors and represent countries while deliberating over important issues in global politics.

On the 25th of February, 37 pupils from years 10-13, supported by former ICHS students and Politics graduates Salman Raza and Jeeshan Choudhury, assembled for the 3rd Model UN Conference since the foundation of our society in the Autumn Term. On this occasion, the Council discussed the tensions between Iran and the West.

The main issues addressed by the delegation were the assassination of General Qasem Soleimani, the US presence in Iraq and the factors which influence Iran's relations with its neighbours and the West. A resolution, put forward by the United States, was passed, but faced significant opposition.

The quality of all contributions was high but particular recognition was given to:

Abdul Rehman Javed, Kiishan Jayanayagam and Aryaman Sharma of the UAE for Best Group
Leroy Akeru and Shakib Chowdhury of Saudi Arabia for Best Preparation
Rizwan Ghazali of Turkey for Best Diplomat
Jafar Bin-Faisal of Pakistan for Best Speaker

The next conference will be in the first week of April, with the Model UN Society acting as the World Health Organisation and discussing the implications of the Corvid-19 Coronavirus.

Regards,
Mr Pearson
Head of History



SANDY GUNN AEROSPACE CAREERS PROGRAMME

Dear Parent/ Carers,

Forest School have asked us to share with you a very exciting opportunity for your budding engineers.

Students from Years 11-13 are invited to attend a presentation about the **Sandy Gunn Aerospace Careers Programme** on **Thursday April 30th** from **4pm-6pm** in the Deaton Theatre at **Forest School**, Snaresbrook, London E17 3PY.

Students may sign up individually for places by following this link: [Sandy Gunn Aerospace Programme](#)

(If you would like to bring a group of students, please contact me and I will put you in touch with the organiser at Forest)

The ACP is a promotional and careers advisory service which hopes to excite young people's interest in engineering and aviation generally via the medium of aerospace; inform them of the current and potential related career opportunities available and explain the routes into those careers.

At the event there will be a quarter scale model of an AA810 Spitfire along with a full size Merlin engine and various other exciting props from the Aerospace industry. Industry experts will deliver the 60 minute presentation and afterwards there will be small group breakout sessions with members of the team to allow students an opportunity to ask questions.

Please see the attached documents if you would like more information.

Kind regards

Lynne Hague

STUDENT PRIVACY NOTICE

Dear Parents/Carers

Please be aware that our most up to date Privacy Notice for students , parents and carers is available on the school website at the following location;

<https://www.ichs.org.uk/policies-documents>

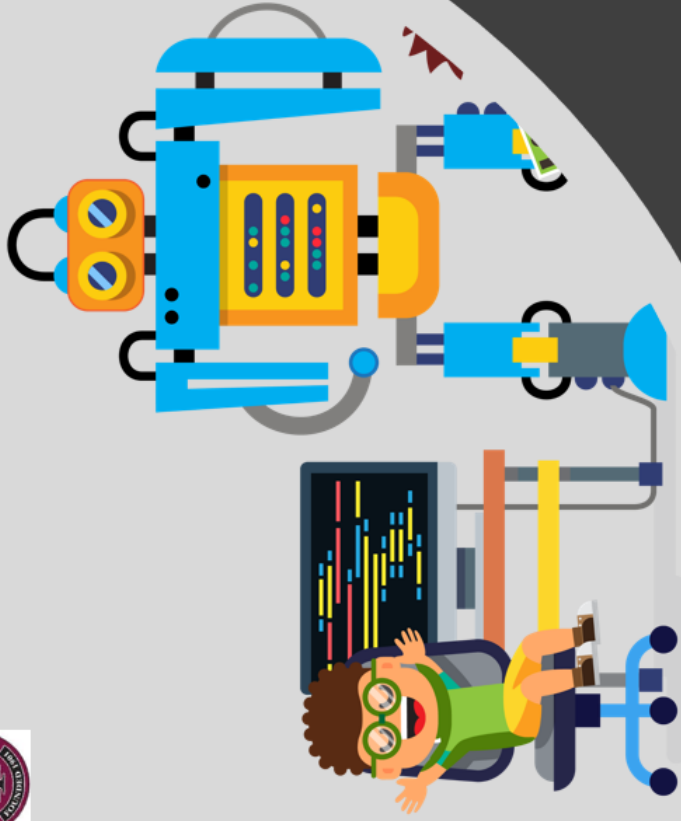


Are you in Year 9, Year 10 or Year 11?

Do you have a favorite computer game?

Would you like to make your computer games?

Or you want to improve your programming skills?



Code club will take place every Wednesday at NC6

Starting Date: 18th March 2020

Time: 13:30pm

**Registration starts on:
Wed. 18th March 2020
@13:25pm.**

Register Now! Limited Spaces available

POETRY CORNER

'Remembering'

I remember it well,
A scratch was the start,
Then came the yell,
My dreams were afar,
And it ended in a scar.

I may have been born on the top floor,
Your words just led me down to the basement,
You may have wanted me to be a doctor,
But I wound up just being a patient.

You're just the woman on my left shoulder,
Acting as if on your head there's a crown,
Saying things only get worse when you're older,
Your whispers only just take me out and down,
Oh wait, guess I'm already out of town,
Like I'm out of bounds,
I left you in the dust, without a doubt,
Never heard me leave, 'cuz I went without a sound.

After that, all I can say is "I swear".
I know you love me when I'm not there,
But you don't even trust me, so I don't care,
PS4 in the bag, dashing down the stairs,
Made me flee to the car it became my lair,
I'm your only child, but you made me feel like a spare.

You tell me I'm too much of a glass half-empty guy,
It's growing in size, like the Mad Hatter,
You don't even know 'bout half the dreams in this head's mind,
And whether I'm half-full or half empty, it doesn't even matter,
'Cuz the glass I held in my hand just was shattered.

Shaded Glasses

Father I remember it well, the door just me alone,
the time as my only worry, Waiting- excited for your arrival.
A sweet memory all but ignored.

The rope is tugged back and forth.
Never pulled to one side.
But forever stressed.
Common features is for what we strive.

We both wear shaded glasses in our life,
forever seeing each other's dark,
Unable to see each other's light.
But every day I dream:
I wear shaded glasses no more as my eyesight heals.

- H.K. Year 11

10 Tips To Help Article

10 tips to stay safe online

Not sure what advice to give your child? Our pointers have got you covered.





1. You should only talk to people you know and trust in real life – anyone can pretend to be a child online
2. If you do talk to people you don't know, don't give away personal information – like what street you live on or where you go to school, or share your location with them. Say no to any requests they send you for images or videos of yourself, and stop talking to them
3. Set your profiles to private, to limit what others can see
4. Be 'share aware' – think carefully about what you share and with who. Once it's out there, you've got no control over what the other person does with it.
5. Remember, it's **illegal** to take, share or view sexual images of under-18s, full stop
6. Be mindful of your digital footprint. What you post online now could come back to bite you later, like when applying for jobs, college or university
7. If you see something upsetting, or someone bullies you, tell an adult you trust
8. Be aware that people will try to make their lives look more exciting online. There's a lot people can do with photo editing to make their photos look better. So don't assume everything you see is a true to life representation
9. Watch out for hoaxes and scams, like messages you're meant to forward on or that ask you for payment details or your password
10. Take any content that glamorises gang lifestyles with a very large pinch of salt – it's not as glamorous as it looks. Be wary of schemes promising easy cash for receiving and transferring money too, they're almost definitely criminal activity
11. Watch out for loot boxes or other parts of games where you pay money to take a chance on getting a reward – you can get sucked into spending lots of money on them



Don't feel confident starting a conversation with your child about what they're up to online? Read this advice from the NSPCC:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/talking-child-online-safety>

Top apps among children – what to listen out for

APP NAME	WHAT IS IT?	LISTEN OUT FOR PUPILS TALKING ABOUT:
WhatsApp 	You almost definitely know what this is already – a messaging app. You can also share pictures, videos, and your location, and be part of group chats	Group chats, especially bullying behaviour or children being excluded from groups Sharing locations, images and videos
Instagram 	Picture and video sharing, with 'followers' or publicly You can gain 'followers' and follow other people, and interact through likes, comments and private messages	Instagram in general, especially pupils who you have mental health concerns about (it can be used to share self-harm and suicide content) Strangers they've made contact with Weight loss content, often with terms like 'thinspo' or 'proana'
Snapchat 	Picture, video and message-sharing with contacts 'Snaps' disappear and aren't saved on phones Known for 'sexting' (sending naked or explicit photos and videos)	Sharing explicit images Requests for photos Screenshots of 'Snaps' being shared Strangers they've made contact with
TikTok 	Users share short videos of themselves, often lip-syncing to music, and watch other people's videos You can gain 'fans' and follow other people	Videos that sound inappropriate 'Trading' videos with others Strangers they've made contact with



REDBRIDGE'S GOT TALENT 2020

In aid of the Redbridge Mayor's Charity Appeal

Sunday 26th April 2020

Time : 5pm

Venue: Sir James Hawkey Hall, Broomhill Road, Woodford Green, IG8 0BG

YOUR CHANCE TO SHINE AND WIN £500!

All Ages/Talents/Solos or Groups/Schools or Organisations

For an application form or for further information e-mail redbridgesgottalent@gmail.com or call Joan Murphy on 07712 516424

Free to Enter

Mayor of Redbridge's Appeal 2019/2020

IMAGINE
INDEPENDENCE

And

 Healthy Living Projects

All proceeds to the Mayor's Charities for the homeless & those with Mental Health Issues